

EAST TEXAS SINUS AND DIZZINESS CENTER

RONALD G. MORTON, MD, FAAO/HNS

DISEASES OF THE EAR, NOSE, AND THROAT
HEAD AND NECK SURGERY
DIPLOMATE - AMERICAN BOARD OF OTOLARYNGOLOGY

901 Pegues PL
Longview, Texas 75601
(903) 212-4399

105 West 20th Street
Mt. Pleasant, Texas 75455
(903) 717-8765

CONSENT FOR CRYOSURGICAL POSTERIOR NASAL TISSUE ABLATION FOR CHRONIC RHINITIS

Treatment of persistent posterior nasal drainage (PND) that has not been improved with standard treatment using antihistamines, nasal sprays and allergy desensitization, has proved difficult, either continuing unresolved or requiring invasive surgery. Now, an in-office procedure performed under local anesthesia is available with proven effectiveness for drainage and congestion caused by both allergic and non-allergic rhinitis. Long term improvement of drainage and congestion has been seen in 4 out of 5 patients using Cryosurgical Ablation of Posterior Nasal Tissue. This procedure is well tolerated and safe. With any procedure, risks are present and it is important to understand these before undergoing this procedure.

1. Pain and discomfort – with any procedure some pain or discomfort may be experienced. Headache or facial pain during or after the procedure may occur, but 75% of patients note mild or no pain during or after this procedure.
2. Bleeding – bleeding with this procedure is uncommon. It may be experienced soon after the procedure or on a delayed basis.
3. Ear fullness – this is fairly common after this procedure but is transient, usually resolving in several weeks or less.
4. Nasal dryness – this is an uncommon side effect of this procedure, but like ear fullness, this is transient and usually resolves in days to weeks.
5. Nasal congestion – this may be experienced transiently soon after the procedure but resolves spontaneously.

I have read and understand the risks and benefits of Cryosurgical Posterior Nasal Tissue Ablation for Chronic Rhinitis and wish to proceed.

Patient

Witness

Date and Time